

**Training Booking form
BRINGING UP THE BODIES**

**Saturday 28th November 2015 10.00am—12.30pm
Cost £45 (£40 if before 30th September)**

Book online at <http://tilehouse.org/training-booking-form> if paying by debit/credit card.

If paying by cheque please complete and return this form along with your payment. An email confirmation will be sent on receipt. Full information can be downloaded from www.tilehouse.org

Name:
Address:
.....
Tel:(home) (mob)
Email:
Occupation:
Organisation:

No. of tickets required@ **£40.00/£45.00** **Total:**

Please send a cheque payable to Tilehouse Counselling to:- Coach House, R/O 84 Tilehouse Street, Hitchin, Herts SG5 2DY. For any queries please ring 01462 440674

No refunds will be made on cancellations of less than 30 days notice

Parking: There is a large car park at Woolmer Green Village Hall



Reg Charity No 1089

**Invites you to a workshop with
DR GRAHAM MUSIC
on**

**‘Bringing up the Bodies’
The importance of body awareness for
psychotherapy and counselling.**

**Saturday 28th November 2015
10.00am — 12.30pm**

**Woolmer Green Village Hall, Hall Lane
Woolmer Green, Herts SG3 6XA**



Cost £45 - early bird discount of £40 if booked by 30th September

CPD certificates issued.

To book a place please email: counselling@tilehouse.org or download a booking form from our website www.tilehouse.org

DR. GRAHAM MUSIC

Dr. Graham Music is a Consultant Child and Adolescent psychotherapist and an adult psychotherapist in private practice. He works with adults and parents in private practice and with children and adolescents primarily in the NHS. Formerly Associate Clinical Director of the Tavistock's child and family department, where he currently teaches and supervises, he has worked therapeutically with maltreated children for over two decades, has managed a range of services concerned with the aftermath of child maltreatment and organised many community based psychotherapy services. He currently works clinically with forensic cases at the Portman clinic and has a particular interest in linking cutting-edge developmental findings with therapeutic practice. He teaches, lectures and supervises on various psychotherapy and other trainings in Britain and abroad.

His publications include: *The Good Life: Wellbeing and the New Science of Altruism Selfishness and Immorality* (2014), *Nurturing Natures: Attachment and Children's Socio-emotional, Cultural and Brain development* (2011), and *Affect and Emotion* (2001)

ABOUT TILEHOUSE COUNSELLING

Tilehouse Counselling is a well established charity which provides one to one weekly counselling for adults and young people (13 to 19) in Hitchin, Stevenage and surrounding areas. We are based in the centre of Hitchin and counselling is provided by professionally trained, experienced counsellors in a safe and comfortable environment. We work within an integrative framework and we warmly welcome this opportunity to learn more from Dr Graham Music about why psychotherapists need to take the body more seriously.

Tilehouse Counselling runs regular CPD seminars for counsellors, psychotherapists, psychologists and mental health professionals. Sign up online to receive our regular events updates at www.tilehousecounselling.org

SEMINAR SCHEDULE

9:30 : Registration

10.00 - 11.00 Session 1

- The dangers of underestimating the importance of the body for psychotherapy
- Body awareness; modern and older therapeutic understandings
- New understandings of the nervous system and their implications for treatment

11.00 - 11.30 Coffee Break

11.30 - 12.30 Session 2

- Working with body awareness in clinical sessions: some challenges and pointers for practice
- Clinical examples
- Discussion and case sharing with participants