

**Training Booking form
DEALING WITH DIGITAL**

**Friday 12th May 11.30am—4.000pm
Cost £55 (£50 if booked before 31st March)**

Book online at <http://tilehouse.org/training-booking-form> if paying by debit/credit card.

If paying by cheque please complete and return this form along with your payment. An email confirmation will be sent on receipt. Full information can be downloaded from www.tilehouse.org

Name:
Address:
.....
Tel:(home) (mob)
Email:
Occupation:
Organisation:

No. of tickets required@ **£50.00/£55.00** **Total:**

Please send a cheque payable to Tilehouse Counselling to:- Coach House, R/O 84 Tilehouse Street, Hitchin, Herts SG5 2DY. For any queries please ring 01462 440674

No refunds will be made on cancellations of less than 30 days notice

Parking: There is a large car park at Woolmer Green Village Hall



Reg Charity No 1089632

Invites you to a workshop with

DR AARON BALICK

on

'Dealing with Digital'

**A guide to navigating our over-connected world for
talking therapists**

Friday 12th May 2017

11.30am — 4.00pm

**Woolmer Green Village Hall, Hall Lane
Woolmer Green, Herts SG3 6XA**



Cost £55 - early bird discount of £50 if booked by 31st March. Light lunch with gluten free and vegetarian options included

CPD certificates issued.

To book a place please email: counselling@tilehouse.org or download a booking form from our website www.tilehouse.org

DR. AARON BALICK

In this workshop, Dr. Aaron Balick, author of *The Psychodynamics of Social Networking: connected-up instantaneous culture and the self*, will offer a way of thinking about our psychological worlds psychologically. Drawing from clinical experience and psychodynamic theory, he will enable participants to think about both their own and their client's use of digital media to better make sense of it and enable better decision making around digital use. Participants will also learn how to create a "digital policy" that will enable them to draw better boundaries around their practices to safely protect both themselves and their clients from "digital intrusions".

This workshop will be relevant to anyone who practices, even just a little, within the digital world - from light-touch communicating with clients via email or text, to working over video conferencing and the personal use of social media.

ABOUT TILEHOUSE COUNSELLING

Tilehouse Counselling is a well established charity which provides one to one weekly counselling for adults and young people (13 to 19) in Hitchin, Stevenage and surrounding areas. We are based in the centre of Hitchin and counselling is provided by professionally trained, experienced counsellors in a safe and comfortable environment. We work within an integrative framework. we warmly welcome this opportunity to learn more from Dr Aaron Balick about what psychotherapists need in dealing with social media.

Tilehouse Counselling runs regular CPD seminars for counsellors, psychotherapists, psychologists and mental health professionals. Sign up online to receive our regular events updates at www.tilehousecounselling.org

SEMINAR SCHEDULE

11.00 - 11.25: Registration and coffee

11.30 - 1.00: Session 1: Context and Theory

1.00 - 1.30: Light Lunch

1.30 - 2.45: Session 2: Ethics and Boundaries

2.45 - 3.00: Tea break

3.00 - 4.00: Session 3: Good Practice